

# Home and Family Conference

# 97<sup>th</sup>

**June 9-11, 2010**



## Home and Family Conference • June 9-11

Wednesday Afternoon, June 9

### Keynote Speaker

#### Paula Monsalve

Our opening luncheon entertainment is Paula Monsalve, a 1965 Purdue CFS alumna. Paula says, "Life itself has been the greatest source of wisdom for me. The blessing of music in my heart has been the gift and the tool for achieving success and happiness on this planet. I sing about all the different roles in my life—girl, daughter, sister, wife, mother, friend—taking the perfect song for the best moment in the right place. The spiritual repertoire is a need which comes from the soul. These are the songs that we, brothers and sisters, sing together, becoming all ONE. The folk music is the music of my people, my land, my mountains, my joys and pains, accompanied by the rhythm of nature. The romantic music, the boleros or ballads, is the heart singing to dreams and desires, to solitude and deception, to passions and love. I give thanks for everything I have to share with others: love, music, life, and family. These have been the most meaningful songs that I have ever sung."



Thursday Morning, June 10

### Keynote Speaker

#### Mike Thomson (Dr. Mike)

Dr. Michael Thomson has been an internationally acclaimed speaker and author for over three decades. Having spoken to more than two million people worldwide, he brings with him a unique perspective on good character, ethics and problem solving. "Dr. Mike's" style and method of motivation and excitement are second to none. He brings an energy level that leaves audiences breathless and renewed with vigor, dedication, and a commitment to excellence.



Friday Closing Luncheon, June 11

### Keynote Speaker

#### Marsha Wilkinson

A retired special education teacher, Marsha now does private tutoring in her home and is very active in community affairs and the lives of her two grandchildren. Her interests run the gamut from grief to comedy, yet most of her life has been spent in the middle of the spectrum, in what she refers to as the "normal" of her life. She has learned that both the ridiculous and the sublime, the tears of grief and laughter of comedy, are very much alike, in that they allow the release of intense emotions. Yet, she says, we cannot exist for any length of time at either end of the spectrum, but must return to what is our individual normal. Margaret's fun-loving personality will capture you with entertainment and inspiration.



## Wednesday Opening Luncheon, June 9

### *Holidays and Celebrations*

The 97<sup>th</sup> Home and Family Conference Style Show promises to be another memorable event. This year's *Holidays and Celebrations* theme has the Homemakers sewing Easter outfits, wedding dresses, Halloween costumes and garments for other holidays and special celebrations, making it possible for the homemaker to have a personal style. These original fashions will be modeled by the creator or someone for whom the garment was created.



## Wednesday Evening, June 9

### *76<sup>th</sup> Anniversary of the IEHA Chorus*

In 1934 a group of women from Tippecanoe County gathered in the studio of radio station WBAA at Purdue. They had rehearsed several old familiar songs under the direction of Albert P. Stewart and were there to sing them as background music on a program designed to interest more women in joining home economics clubs. Several of the group suggested a permanent organization. The idea was immediately accepted, and the Tippecanoe County Home Economics Chorus was organized, the first of its kind. The county chorus idea spread rapidly, and, in 1937, music was made part of the Agriculture Extension Service with the appointment of Albert P. Stewart as state leader to establish and supervise statewide participation.

With the rapid growth of the program, district rehearsals were held, which led to an annual festival attracting as many 3,000 singers to Purdue's Hall of Music. We are excited to announce that the 2010 chorus, *The Melody Makers of Indiana*, conducted by their director, Scott R. Buchanan and accompanied by J.P. Hurt, will sing and entertain in the Elliott Hall of Music, Wednesday evening, June 9, at 7:30 p.m. Individual choruses will be performing throughout the day on Wednesday.

**Wednesday June 9, 10 a.m.-Noon and 3-5:30 p.m.**

**Thursday June 10, 9:30 a.m.-12:30 p.m.**

### *i-LEaD*

i-LEaD—The Indiana Leadership Education and Development program's vision is to develop emerging and existing leaders through self-awareness and enhancement of leadership skills and to bring together community members to make decisions and

to take action for the common good. i-LEaD, developed with IEHA in mind, will be presented for the fourth year at the



Home and Family Conference. This program focuses on nine main topics. Part 1 topics this year will be: Personality Assessment using the Myers-Briggs Type Indicator (MBTI), The Nature of Leadership, and Interpersonal Communication. Those that attended i-LEaD last year can return for Part 2 or Part 3. Part 2 topics will be: Public Speaking, Creative Thinking, and Teamwork and Conflict Management. Part 3 topics will be Power and Leadership, Boards and Committees, and Community Visioning. The i-LEaD sessions must be taken consecutively. Don't miss out on this important self-improvement program. Contact Sonjia Shepherd if you have questions: 765-494-8252.

## Friday Morning, June 11

### *Tours (by bus) and Workshops (on campus)*

#### **Wabash and Erie Canal Tour**

[www.wabashanderiecanal.org](http://www.wabashanderiecanal.org)

A bus to Delphi, Indiana, will take you to the canal and the Interpretive Center/Museum. One of the highlights will be a ride in a replica canal boat. You will be able to tour the historic Case House, a grand Federal-style house that was built in Delphi in 1844 by Reed Case, a contractor for much of the construction of the Wabash and Erie Canal in Carroll County. It is the centerpiece of the park, which also includes two log cabins and other buildings typical of the late 1800s.



#### **Wind Farms in Benton County**

You will be able to stand in the middle of what could some day possibly be the largest wind farm in the nation. The Benton County Wind Farm and the Hoosier Wind Farm will be among the places visited by bus. You will see three different technologies: the 1.5 megawatt GE turbine, the 1.65 megawatt Vestas turbine, and the 2.5 megawatt Clipper

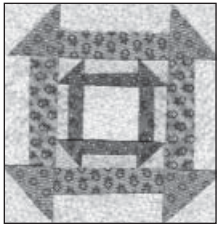
turbine. There is almost \$1.5 billion worth of construction activity planned or underway. Over 370 land owners are receiving more than \$2 million in lease payments annually for allowing the turbines to be on their property. In addition to being a top producer of corn and soybeans, Benton County is now a top producer of electricity and it is all happening with a minimal impact on our land resource and agricultural potential. Many of the myths that you may have in mind about wind turbines will be dispelled. These are not the turbines of old. They are environmentally improved and more socially acceptable. Come learn about renewable energy and how such projects also provide valuable economic benefits to a rural community.

## Quilter's Harvest Quilt Shop

[www.quiltersharvestshop.com](http://www.quiltersharvestshop.com)

Quilter's Harvest is located in a historical church building built in 1871, complete with a white picket fence and beautiful stained glass windows. With lots of hard work, dedication, and vision, this small country church was converted to a place where quilters can spend time shopping, visiting, and enjoying a visual display of quilts.

Antique church pews are used in the shop for cutting tables and to display the newest lines of fabric. The store offers quality fabrics sold only in independent quilting shops. They specialize in "heavenly" reproduction fabrics from the early 1800s to 1930s. They also have a great selection of homespun and flannels. You will be given a tour and demonstration, and allowed to shop.



## Inspired Fire™ Hand-Blown Glass Studio

[www.inspiredfire.com/about.php](http://www.inspiredfire.com/about.php)



Inspired Fire™ was founded to share the excitement and pride of creating glass in your personal vision. The gallery is the natural place to browse for inspiration, or to pick up unique articles of glass artwork and beautiful paintings from over 20 local artists. They also have handmade furniture made from exotic woods and finishes. It is a dynamic environment where creativity and local talent form new ideas, with art and glass meeting to form a special bond. A live glass-blowing demonstration will take

place, with time for shopping in the gallery.

## Seasonal Foods,

### Seasonal Cooking

Born and raised in Chicago, Ivan Petkov is the executive chef for the Department of Hospitality and Tourism Management (HTM) at Purdue University. Chef Petkov is currently responsible for production, recipes, and menu development in a full service cafe and banquet operation, and the special event chef for Purdue University President France Córdova. He also enjoys teaching in HTM. For his presentation, he will be concentrating on utilizing and educating us about foods that are in season. There should be some wonderful tasting, too!



## Flower Arranging Demonstration and Horticulture Gardens Tour

[www.hort.purdue.edu/ext/hort-gardens.html](http://www.hort.purdue.edu/ext/hort-gardens.html)

Mary Haden is the special projects coordinator and Horticulture Garden

director. She will be leading the garden tour and flower arranging demonstration.

In case of rain, Rob Eddy, the plant growth facilities manager, will be guiding a tour through the greenhouses. Both Mary and Rob work for the Department of Horticulture and Landscape Architecture.



The Horticulture Gardens at Purdue's West Lafayette campus are a source of knowledge and beauty for students and visitors alike. The gardens are a living classroom where University classes meet, student workers and volunteers get hands-on training in garden maintenance, and visitors learn about garden plants and gardening techniques. The gardens are a retreat. Their beauty and soothing atmosphere make them as much a place to enjoy as to learn. In just under half an acre, the gardens display a wide diversity of plants, including over 300 cultivars of annual flowers and garden vegetables. Visitors can see how cultivars perform in side-by-side plantings featuring many new varieties. Since the gardens were established in 1982, the collections have grown to encompass nearly 200 species of perennial flowers and foliage plants. Special collections include peonies, day lilies, hosta, spring-flowering bulbs, and ornamental grasses.

## Tuesday, June 8

1 p.m. **Logo Sales set-up**, Room 307

## Wednesday, June 9

8:30 a.m. **Choral Registration**, Elliott Hall of Music

8 a.m.–Noon **Registration**, East Foyer, Stewart Center

9–11:30 a.m. **Windows, check-out keys**, Room 107

9–11 a.m. **IEHA Silent Auction set-up**, Room 311

2–5 p.m. **Bidding**

9–11 a.m. **Cultural Arts entry and set-up**, Room 306  
Will be open for viewing 2–5 p.m.

9–11 a.m. and 2–5 p.m. **Logo sales**, Room 307

10 a.m.–Noon **i-LEaD Part I, II, and III**, Third floor

10 a.m.–Noon **First Timers, check-in**, East Foyer

Noon **Opening Luncheon and Style Show**  
*Holidays and Celebrations*  
North Ballroom, Purdue Memorial Union

### Menu:

Waldorf Chicken Salad

Soup

Fresh Baked Rolls

Assorted Cookies

Beverage and Dessert

2 p.m. **Entertainment: Paula Monsalve**

Immediately following Style Show  
North Ballroom, Purdue Memorial Union

## Concurrent Session 3:15–4:15 p.m.

**Presidents' Roundtable** – 2010–2011 county presidents are invited. (One per county)

**Keep in Tune with Karen** – Update by College of Consumer and Family Sciences (CFS) assistant dean and County Extension Service (CES) assistant director, Karen Zotz (for educators only)

**First Books for Kids** – Join Jo Almond and Linda Gause to discuss how the newly-developed First Book for Kids tri-fold can help secure grants and individual donations.

**A Glimpse of Norway** – From a recent trip on a working cruise ship, Sue Berg shares customs, foods, and traditions of her extended family in Norway.

**Managing Personal Time** – An interactive session by Robin Williams focuses on strategies for more effective time management. Participants will learn tips to find time for the important things in their lives.

**Designing a Barn Quilt** – Quilt patterns were drawn on plywood, primed, and painted in Dearborn County, and attached to an old barn. Come explore the history of barn quilting with Peg Ehlers.

## Concurrent Sessions 4:30–5:30 p.m.

**Secretaries'/Treasurers' Roundtable** – 2010–2011 county secretaries and treasurers are invited

**Making a Difference in Changing Times** – CFS assistant dean and CES assistant director Karen Zotz' interactive presentation focuses on ideas for meeting the needs of today's audiences. Topics will include characteristics of successful leaders, how Purdue Extension is changing to meet the needs of new audiences, and why we are focusing our attention on part-specific subject matter areas.

**Exchange Homemakers** – Join us for a presentation by Jo Almond and find out how you could be our next exchange homemaker to Australia in 2011.

### Emergency Financial First Aid Kit for Natural Disasters

–  
In case of an emergency, learn to be prepared in advance with your financial interests presented by Mary Lou Elbert and Jennifer Stefancik.

**Going Green and Spending Less** – Deanna Franklin and Lori Bouslog will help you learn to free up extra money by plugging your spending leaks

**Strong Women, Strong Bones** – Join Joy Dugan and Allison Goshorn for an overview of an exciting program on reducing your risk of osteoporosis and improving your bone health.

7:30 p.m. **Choral Concert** in Elliott Hall of Music

## Thursday, June 10

8:30–9:30 a.m. **Welcome**  
Keynote Speaker: Dr. Michael Thomson ("Dr. Mike"), Fowler Hall

9 a.m.–2 p.m. **Silent Auction**, Room 311

9 a.m.–4:30 p.m. **Commercial Exhibitors**, Room 302

9 a.m.–2 p.m. **Viewing Cultural Arts**, Room 306  
Pickup Thursday evening one hour after state officers greeting

9 a.m.–2 p.m. **Logo sales**, Room 307

9:30 a.m.–12:30 p.m. **i-LEaD Parts I, II, and III**

## Concurrent Sessions 10:45 — 11:45 a.m.

**IEHA Education, Leadership, and Volunteer Community Support Focus Groups** – Learn what the focus groups have been doing and what is planned for the upcoming year.

**Dr. Mike's breakout session** (morning keynote speaker)

**Jeopardy** – CFS Style – The Area XI Extension educators provide a CFS program update, Jeopardy style. You will learn new and updated info in the areas of nutrition, wellness, finances, and family living.

**Small Plot Gardening** – Back by popular demand, Purdue horticulturist Rosie Lerner discusses techniques for getting the most productivity out of small garden spaces.

**Mindless Eating and the Eating Game** – Christina Ferroli provides us with an entertaining look at how we set ourselves up for failure in the eating game.

**Indiana Saves** – Building and protecting wealth, planning for a secure financial future, paying down debt, and protecting against financial fraud is presented by Maureen Buskirk and Mary Ann Lienhart-Cross.

**Lunch** *on your own*

### Concurrent Sessions — 1:30-2:30 p.m.

**Fall District Leadership Training** – This is a training workshop for i-LEAD presentation at the IEHA fall district meetings. Two representatives are *pre-selected, per district*, and requested to attend.

**ACWW Report** by the IEHA Officers

**Metamorphosis in Your Own Backyard** – Learn about the lifecycle of the Monarch butterfly and how to attract butterflies to your yard and garden, by Karen Hinshaw.

**Life is Too Short Not to Eat Dessert First** – at Least Occasionally! – Jackie Baumann presents a light-hearted look at life. Instead of making a “bucket list,” think about things you might like to do in the next year or two.

**Eating for Your Eye Health** – Presented by Ginger Furnish, this is an interactive session as participants learn awareness and knowledge about the eye parts, strategies to help prevent eye disease, and foods to promote healthy eye nutrition.

**Go Green** – Everyone is talking about saving our environment, saving energy, and reducing costs by going green. Vicki Hadley’s program looks at some of the simple, low cost things you can do in your own life to “Go Green.”

4-6 p.m. **IEHA Annual Business Meeting** and installation of officers, Fowler Hall

6:30 p.m. **Recognition Banquet** - Open to everyone, North Ballroom, Purdue Memorial Union  
Awards program immediately following dinner  
Informal greeting with state IEHA officers at the conclusion of awards program  
North Ballroom, Purdue Memorial Union

#### Banquet Menu

Raspberry-Barbecue Roast Loin of Pork  
Buttered Parsley-Red Potatoes  
Chef’s Vegetable  
Chef’s Special Starch  
Salad and Fresh Rolls  
Beverage and Dessert

\*Pick up Cultural Arts and Silent Auction entries for one hour after conclusion of Recognition Banquet

## Friday, June 11

9 a.m.-Noon

**Tours/Workshops** *Register Early, Space is Limited!*

Tours and workshops are reserved on a first-come, first-served basis. The \$5 fee (for each tour/workshop) is required with your registration to reserve your space. Tour descriptions can be found in this brochure.

#### On-campus workshops:

**Horticulture Gardens/Flower Arranging Class**

(walk three blocks to site)

**Seasonal Food, Seasonal Cooking by Chef Ivan Petkov**

(walk one block to Stone Hall)

#### Bus tours include:

**Inspired Fire™ Hand Glass Blowing**

**Quilter’s Harvest Quilt Shop**

(demonstrations, tour, and fabric to buy)

**Wabash and Erie Canal**

(tour buildings, information center, and boat ride)

**Wind Farms in Benton County** (guided bus tour by

*Benton County Extension educator Jimmy Bricker*)

### Concurrent Sessions 10-11 a.m.

**Elkhart County Flowering Quilt Gardens** – Mary Ann Lienhart Cross’ program highlights networking possibilities for your community and gives you a photographic look at gardens and murals sewn across seven communities. The economic impact this innovative project can create for your community is huge!

**Bleeding Disorders – a Primer** – Jennifer Maahs (Indiana Hemophilia and Thrombosis Center) and Michael Perigo (Hemophilia of Indiana, Inc.) present a session about a defect in the blood’s clotting process that causes a variety of conditions.

**Arthritis on Aging Workers** – Amber Wolfe, Arthritis Foundation, Indiana Chapter, speaks about issues regarding arthritis and its affect on agricultural workers and their families.

#### Closing Luncheon

Keynote Speaker: Martha Wilkinson  
North Ballroom, Purdue Memorial Union

#### Menu

Lula Belle’s Beef Pot Roast  
Roasted Garlic Smashed Potatoes and Caramelized Pearl Onions  
Seasonable Vegetable  
House Salad  
Chef’s Special Starch  
Fresh Baked Rolls  
Lemon Layer Cake with Raspberry Sauce  
Beverage

12:30 p.m.

## GENERAL INFORMATION

Conference headquarters will be in Room 107, Stewart Center. This will also be the lost and found department.

In case of emergency, family members may reach you from 8 a.m.-5 p.m. at (765) 494-8810 (conference headquarters).

For registration information, contact:  
Ed Keller, Phone: (765) 494-9482 or (800) 359-2968  
Fax: (765) 494-0567; e-mail: ebkeller@purdue.edu

Name badges must be worn at all times. Plastic name badge holders will be available at the registration desk in the East Foyer of Stewart Center.

### SUBSTITUTIONS

Those who cannot attend may send a substitute. Participants can receive a full refund if a request is received in writing by June 1, 2010. Refunds will not be honored after that date. Purdue University is not responsible for costs incurred due to cancellation.

### FEES

Meals are included in the full registration fee. Tours and workshops are an additional \$5 and those fees are required at time of registration. You may choose a “no meals” (registration only) option and dine on your own. There are also optional fees available if you wish to attend for a single day. See the registration form for more details.

### ACCOMMODATIONS

Blocks of rooms are being held at these locations: Union Club Hotel – Phone: local (765) 494-8913, (800) 320-6291. Conference rate: \$92-\$119 + 12 percent tax.

Hawkins Graduate House – Housing rates start at \$27 per person double occupancy/\$47 single + 12 percent tax. Phone: University Residences Conference Services (765) 494-0926; fax: (765) 494-0925; e-mail confers@purdue.edu. To reserve a room online visit the Web site at [www.housing.purdue.edu/Conferences](http://www.housing.purdue.edu/Conferences)

Hilton Garden Inn – Shuttle to campus on the half-hour, 8 a.m.-8 p.m., by request. A breakfast buffet is available for an additional charge. The *Home and Family Conference* group block rate is \$96 + 12 percent tax for a double room with two queen-sized beds. Reservations must be made by **May 19, 2010**. Phone: (765) 743-2100, toll free (877) 782-9444, fax: (765) 743-6520

University Plaza Hotel – Free continental breakfast/shuttle service to campus, 9 a.m. to 9:30 p.m. by request. The *CFS Home and Family Conference* group block rate is \$97 for a double room/\$10 for an extra person (cut-off date **May 10**) Phone: local (765) 463-5511; toll free (800) 777-9808; fax: (765) 497-3631

### PARKING

Union Hotel guests park free in the Grant Street Garage. If you need a parking pass, you may purchase one at registration.

**All events in Stewart Center unless listed otherwise.**

# Home and Family Conference – June 9-11, 2010

Register online at: [www.conf.purdue.edu/homeandfamily](http://www.conf.purdue.edu/homeandfamily)

Please type or print. Early registration deadline - May 14

Name \_\_\_\_\_

County (required) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Daytime phone \_\_\_\_\_

Evening phone \_\_\_\_\_

E-mail (required) \_\_\_\_\_

Number of years attending conference: \_\_\_\_\_

Gender  Male  Female

I require auxiliary aids or services due to a disability. Please contact me.

I require vegetarian meals.

In case of emergency, contact: \_\_\_\_\_

Daytime phone \_\_\_\_\_

Evening phone \_\_\_\_\_

**FEES** Payment is required upon submission of registration.

### Registration

- Early registration - on or before May 14, with meals \$125
  - Late registration - after May 14, with meals \$150
  - Registration only - no meals \$75
  - One-day registration, with meals \$60 (please select day)
    - Wednesday, June 9
    - Thursday, June 10
    - Friday, June 11
  - One-day registration, without meals \$40
  - i-LEaD Track (no cost for IEHA members), select Track below.
  - i-LEaD Track for non-members - \$20 (plus the conference fee), select Track below.
- Please select which i-LEad Track you will be attending:  Track I  Track II  Track III

*Tours/Workshops, Friday, June 11 – Space is limited registration is first come first served!*

Indicate your top three choices by putting the number 1, 2, or 3 in the blank provided.

*Tour fee of \$5 is not included and due at time of registration.*

- A. \_\_\_\_\_ Chef Petkov: Seasonal Foods, Seasonal Cooking – \$5
- B. \_\_\_\_\_ Flower Arranging Demonstration and Horticulture Garden and Greenhouse – \$5
- C. \_\_\_\_\_ Inspired Fire™ Hand-Blown Glass Studio – \$5
- D. \_\_\_\_\_ Quilter’s Harvest Quilt Shop – \$5
- E. \_\_\_\_\_ Wabash and Erie Canal Tour – \$5
- F. \_\_\_\_\_ Wind Farms in Benton County – \$5

TOTAL ENCLOSED \$ \_\_\_\_\_

### PAYMENT METHOD

- Enclosed is a check made payable to Purdue University.
- Please charge to my:  VISA  MasterCard  Discover  American Express

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

Please mail completed form to:

CEC Business Services  
Purdue University  
Stewart Center, Room 110  
128 Memorial Mall  
West Lafayette, IN 47907-2034

Or fax form, with credit card information, to: (765) 494-0567

Register online at:

[www.conf.purdue.edu/homeandfamily](http://www.conf.purdue.edu/homeandfamily)

*Purdue University is an equal access/equal opportunity university.*