

Tuesday, June 8, 2010

1 p.m. Logo Sales set-ups, Stewart room 307

Wednesday, June 9, 2010

All events in Stewart Center unless otherwise listed

8:30 a.m. – Choral Registration, Elliott Hall of Music

9 – 11 a.m. Cultural arts entry and setup, Stewart room 306
Will be open for viewing in the afternoon-check on-line for actual time

9 – 11 a.m. and 2 – 5 p.m. Logo sales

9 - 11:30 a.m. Window set-ups

10 a.m. – 12 p.m. and 3-5:30 p.m. - I-LEaD Part I, II, and III

11 a.m. – 1 p.m. First Timers

Noon at the Union – Opening luncheon, speaker Paula Monsalve, and Style Show

Concurrent Sessions

3:15-4:15 p.m.

Presidents Roundtable – 2010-2011 County Presidents are invited (1 per county)

Keep in Tune with Karen – Update by Assistant Director Karen Zotz (for educators only)

First Books for Kids – Join us as we discuss how the newly developed First Book for Kids tri-fold can help secure grants and individual donations.

A Glimpse of Norway – Sue Berg shares customs, foods, and traditions of her extended family in Norway from a recent trip on a working cruise ship.

Managing Personal Time – An interactive session focusing on strategies for more effective time management. Participants will learn tips to find time for the important things in their life.

Designing a Barn Quilt – Quilt patterns were drawn on plywood, primed and painted in Dearborn County and attached to an old barn. Come explore the history of barn quilting.

4:30-5:30 p.m.

Secretary's/Treasurer's Roundtable – 2010-2011 county secretaries and treasurers are invited

Karen Zotz – Special topic by the Assistant Director

Exchange Homemakers – Join us and find out how you could be our next exchange homemaker to Australia in 2011!

Emergency Financial First Aid Kit for Natural Disasters – In case of an emergency, learn to be prepared in advance with your financial interests.

Going Green and Spending Less – Learn to free up extra money by plugging your spending leaks

Strong Women Strong Bones – Join us for an overview of an exciting program on reducing your risk of osteoporosis and improving your bone health.

7:30 p.m.

Choral Concert in Elliott Hall of Music

Thursday, June 10, 2010

8:30 – 9:30 a.m. Welcome - Loeb Theater
Keynote Speaker, “Dr. Mike”

9 a.m. - 5 p.m. Commercial Booth Exhibitors, Room 302

9 a.m. – 3:30 p.m. Cultural Arts (*these were last year’s times and may differ this year*)

9 a.m. – 2:00 p.m. Logo Sales

9:30 a.m. – 12:30 p.m. I-LEaD Parts I, II, and III

Current Sessions

10:45 – 11:45 a.m.

IEHA Focus Groups

Dr. Mike breakout session (morning keynote speaker)

Jeopardy – CFS Style – Learn new and updated info in the areas of nutrition, wellness, finances and family living.

Small Plot Gardening – Purdue Horticulturist Rosie Lerner will discuss techniques for getting the most productivity out of a small garden space.

Mindless Eating and the Eating Game – Come and join us for an entertaining look at how we set ourselves up for failure in the eating game

Indiana Saves – Building and protecting wealth, planning for a secure financial future, paying down debt, and protecting against financial fraud

Noon – Lunch on your own

1:30-2:30 p.m.

Fall District Leadership Meeting – Training for leadership program to be presented at the IEHA Fall District Meetings. Two representatives per district requested to attend.

ACWW Report by the IEHA Officers

Metamorphosis in Your Own Backyard – Learn about the lifecycle of the Monarch butterfly and how to attract butterflies to your yard and garden.

Life is Too Short Not to Eat Dessert First—at Least Occasionally! – A light-hearted look at life. Instead of making a “bucket list”, think about things you might like to do in the next year or two.

Eating For Your Eye Health – This is an interactive session as participants learn awareness and knowledge about the eye parts, know strategies to help prevent eye disease and foods to promote healthy eye nutrition.

Go Green – This program will look at some of the simple, low cost things you can do in your life to “go green.”

4:00 p.m.

Annual IEHA Business Meeting – Fowler Hall, Stewart Center

6:00 p.m. Recognition Banquet – North Ballroom, Union

Awards program immediate following the banquet

Informal greeting with the state IEHA officers

Friday, June 11, 2010

9 a.m. – 12:00 p.m. Tours

Tours on a 1st come 1st serve basis (limited numbers)

You can sign up for one tour listed below:

Chef Ivan Petkov (Stone Hall-demo and tasting)

Horticulture Gardens/Flower Arranging Class (walk 3 blocks to site)

Inspired Fire Hand Glass Blowing (Bus tour to site)

Quilter’s Harvest Quilt Shop (demos, tour, and fabric to buy-bus tour to site)

Wabash and Erie Canal (tour buildings, info center, & boat ride-bus tour to site)

Wind Farms in Benton County (Guided bus tour by Jimmy Bricker)

9 a.m. Concurrent Sessions

Elkhart County Flowering Quilt Gardens – This program highlights networking possibilities for your community and gives you a photographic look at gardens and murals sewn across 7 communities. The economic impact this innovative project can create for your community is huge!

Bleeding Disorders – a Primer – A session about a defect in the blood’s clotting process causing a variety of conditions taught by Jennifer Maahs of the Indiana Hemophilia and Thrombosis Center in Indianapolis and Michael Perigo from Hemophilia of Indiana, Inc. of Indianapolis.

Arthritis on Aging Workers – Amber Wolfe, Arthritis Foundation-Indiana Chapter, will speak to you about issues regarding arthritis and its affect on agricultural workers and their families.

12:30 p.m. Closing Luncheon, North Ballroom, Union
Speaker-Martha Wilkinson